

### BRANCHES

JOHANNESBURG POLOKWANE KLERKSDORP NELSPRUIT RUSTENBURG BLOEMFONTEIN MIDDELBURG KURUMAN NEWCASTLE DURBAN RICHARDS BAY KIMBERLEY MTHATHA PORT ELIZABETH CAPE TOWN EAST LONDON PIETERMARITZBURG GEORGE

ADD: P.O. BOX 3547 POLOKWANE, 0700 TEL: 0861 379 463 REG NO: 2009/004805/07

VAT NO: 451 018 0344

NATIONAL NUMBER: 0861 379 542

*WWW.EPX.CO.ZA* 

Subject:	COVID POLICY (HRP0012)
Compiled by:	C. NELL-MARAIS
Authorised by:	Directors of E.P.X Courier Services
Implemented:	1 APRIL 2020
Amended dates:	



# THE FOLLOWING AS PER THE COVID-19 DISTASTER MANAGEMENT ACT NEEDS TO BE IMPLIMENTED AT ALL EPX BRANCHES NATIONALLY. THE COVID 19 SOP DOCUMENT WILL BE UPDATED FROM TIME TO TIME AS REQUIREMENTS CHANGE WITH THE MOVEMENTS OF LEVELS.

- All employees must wear masks when entering any EPX Couriers branch, no employee without a
  mask will be allowed to enter. 2 Masks were supplied to each employee, please ensure that each
  branch has extras.
- 2. All staff will have to have their temperature taken when entering any EPX depo as well as have their hands sanitized.
- 3. All drivers of staff transport need to complete an EMPLOYEE TRANSPORT REGISTER every morning when collecting staff. No staff will be collected that is not wearing a mask.
- 4. All employees will have to keep a daily register of their temperatures and related symptoms on the SYMPTOMS CHECK FORM. All office-based staff are to have their temperatures taken three times a day. Drivers will have their temperatures taken on arrival in the mornings and again in the evening when returning to the depo. Please also ensure that there is a signed UNDERLYING ILLNESS form filed for every employee.
- 5. All staff members have to have a valid EPX permit with them when travelling to and from work, please make sure that each employee has completed their home address. They also need to have a copy of EPX's CIPC cert with them and a valid ID.
- 6. Employees over 60 and vulnerable employees with underlying illnesses that decide to keep on working needs to have their temperatures taken every two hours when at work.
- 7. It is very important that all COVID-19 related posters are clearly visible throughout each branch. It is just as important that there are sanitisers at all entrances to each depo.

- 8. Cleaning rosters are to be kept up to date and visible should we be visited by the Dept of Health. All workstations have to be washed at least twice a day with a solution consisting of 1 part water and 1-part jik.
- 9. Please ensure that there are soap and paper towels in all toilets. Please ensure that there are posters in the bathrooms reminding staff to wash their hands for at least 20 seconds and to sanitize.
- 10. Please reiterate to employees that they have to practice social distancing and stay as far as 1.5 meters away from each other at all times.
- 11. All employees that present a fever and any COVID -19 symptoms are to be isolated to a isolation point, please ensure that the employee is wearing a mask. Get the employee to complete an EMPLOYEE RISK ASSESMENT form.
- 12. If the employee presenting fever has travelled with EPX transport please ensure that all occupants that travelled with this employee complete a CO-PASSENGER ASSESMENT form.
- 13. When the employee with fever and symptoms is sent home, please ensure that they have the COVID-19 hotline number 0800029999. Please follow up with employee regularly, if they have been to a registered medical practitioner, if they were tested for COVID-19 and, when they will be back at work. Please use the EMPLOYEE QUARANTINE ASSESMENT form for this process. Remember to always get official medical documentation from employees that are off sick. Please report absenteeism to the our Covid 19 Representative at chantelln@epx.co.za.
- 14. If an employee that travelled to work with EPX transport is sent home after presenting a fever and symptoms, the vehicle needs to be washed and sanitized. Use the VEHICLE SANITASION REGISTER.
- 15. All hostel rooms to be inspected at least twice a week to make sure if the rooms are being cleaned.
- 16. All office bound staff are requested to not move out of their departments, if they have to move to other departments, they have to wear their face masks, yes even to the bathroom. Please try to communicate by email and telephone as far as possible.
- 17. All drivers must wear their masks when doing deliveries or making collections. Each vehicle needs to be equipped with sanitizer. Drivers are to sanitize hands before and after each interaction with customer. Ensure that there is no physical contact with the client. REMEMBER client does not have to sign the waybill, each driver to complete details on handheld scanner.
- 18. All visitors to branches must wear masks to allow entry. They must also have their temperatures taken, hands sanitized and complete the COVID-19 VISITOR REGISTER.
- 19. It is very important that we keep record of all discussion, training and meetings with our staff regarding COVID-19. Please get them to sign a register.
- 20. The following needs to be reiterated to staff regularly; Wear a mask, practice social distancing, sanitize your hands, if you have been in contact with anyone that has COVID-19 report it to your manager immediately so that further action can be taken. If you have a fever and COVID-19 related symptoms, stay home, report it to your manager and visit a registered health practitioner.

FOR EASE OF REFERENCE ATTACHED ARE STANDARD FORMS THAT CAN BE USED.

#### ANNEXURE A – UNDERLYING ILLNESS FORM

- 1. To establish which employees are at higher risk please complete the Underlying Illness form. Note that this form will be treated has highly confidential and used to ensure that extra measure is taken, where necessary to reduce possible exposure to such individuals.
- 2. Symptom check forms will be completed daily. Fever will be checked at the main entrance of each branch. Please ensure that new forms are available weekly. Note that fever will be monitored 3 times a day and for staff with underlying illnesses 4 times a day.
- 3. If any staff member displays symptoms at work, please make use of the employee risk assessment form to evaluate where the employee might have been exposed.

			RANCHES		
EDV	JOHANNESBURG	POLOKWANE		SPRUIT	
- OAO	RUSTENBURG NEWCASTLE	BLO EMFONTEII DUR BAN		IRG KUR	PUMAN BERLEY
COURIER SERVICES	PORT ELIZABETH	CAPE TOWN			DENCE?
IT'S ALL ABOUT YOU!	NATIONAL NUN	IBER: 0861	379 542	WWW.EPX.CO	.ZA
	COVID 19 – UN	DERLYING	6 ILLNESS FO	RM	
	(PRIVATE	AND CON	FIDENTIAL)		
		K TO STAFF MEN D A STAFF MEN	IBERS THAT MIGHT H	IAVE UNDERLYING II ED. BELOW IS A CHE	LLNESSES AND TO
NAME AND SURNAME:					
ID NO:					
STAFF NO:					
BRANCH:					
HEART CONDITION			DIABETES		
LUNG DISEASE (INCLUDING	ASTHMA AND TTB		KIDNEY DISEASE	: 🗆	
CANCER			HIV AIDS		
ANY OTHER CHRONIC ILLNI	SSS:				_
DO YOU TAKE MEDICATION	FOR THE CONDITION Y	ES:	NO:		
NO ILLNESSES:					
SIGNED AT:		DATE:			
SIGNATURE					

### **ANNEXURE B - SYMPTOMS CHECK FORMS**

The following documents are to be used on a daily basis. Please note that we require employees with underlying illnesses to monitor on a separate form. This is to ensure extra precaution is taken for our vulnerable staff.

COUR	PAGE SE	RVI	CES	R	USTE IEWCA	INESBUR INBURG ASTLE ELIZABET			POLOKWA BLOEMFO DURBAN CAPE TOW	NE NTEIN		MIDE	KSDORP DELBURG ARDS BAY LONDON	,	NELS KURU KIMB	UMAN	7	
T'S AL	LL ABO	UT Y	OU!		NA	TIONA	L NU	MB	ER: O	861 3	79	542	W	WW.E	PX.CO.	ZA		
				NARY N	1EASI	URES TH	IAT ARI	E ALR	EADY IN	PLACE	EPX	COURIERS TOMS ASS	WILL AL	SO KEEP				
																		-
	NO:																	
RANCH	н:	_			_						_					_		
O	NLY 1	TIC	K IF	AP	PLI	ICAE	LE ,	/т	EMP	то	В	E DO	CUIV	IENT	ED [	DΑ	ILY	
MOI	NDAY		TUESI	DAY		WE	D		THURS	SDAY		FRIDAY		SATURI	DAY	S	UNDA	Y
AM			TEMP			TEMP			TEMP			TEMP		TEMP			TEMP	Γ
F	$\vdash$		_			<u> </u>		$\cdot$				$\vdash$	-	$\vdash$	+	4	<u> </u>	t
2 700	1 1	1	2 PM		1 )	2 PM			TEMP 12 PM			TEMP 12 PM		TEMP 12 PM			TBMP 12 PM	L
-	$\vdash$								TEMP TEMP					-	_		-	-
TENP	_		4 750			TEMP 4 PM			TEMP 4 PM			4 PM		4 750			TENP	+
DRY TENF			DRY TEMP COUGH 4 PM			DRY TSNP COUGH 4 PM			DRY TEAP COUGH 4 PM			DRY TOVP COUGH 4 PM		DRY TEAP COUGH 47M			DRY TRAP COUGH 4 PM	
SORE DRY TEMP THROAT COUGH 4 PM			SONI DRY TENP THROAT COUGH 4 PM			SORE DRY TENP THROAT COUGH 4 PM			SORE DRY TEAP THROAT COUGH 4 PM			SOM DRY TRAP THROAT COUGH 4PM		SORE DRY TONP THROAT COUGH 4 PM			SORE DRY TRNP THROAT COUGH 4 PM	
DRY TENF			DRY TEMP COUGH 4 PM			DRY TSNP COUGH 4 PM			SHORTNESS SORE DRY TEMP IN BREATH THROAT COUGH 4 PM			SHORTHESS SOME DRY TEAW IN BREATH THROAT COUGH 4 PM		SHOKTNESS SORE DRY TENY IN BREATH THROAT COUGH 4 PM 3			DRY TRAP COUGH 4 PM	
SORE DRY TEMP THROAT COUGH 4 PM			SONI DRY TENP THROAT COUGH 4 PM			SORE DRY TENP THROAT COUGH 4 PM			SORE DRY TEAP THROAT COUGH 4 PM			SOM DRY TRAP THROAT COUGH 4PM		SORE DRY TONP THROAT COUGH 4 PM			SORE DRY TRNP THROAT COUGH 4 PM	
SHORTNESS SORE DRY TEMP IN BREATH THROAT COUGH 4 PM			SHORTMESS SOUI DRY TEMP IN BREATH THROAT COUGH 41M			SHORTNESS SORE DRY TENP IN BREATH THROAT COUGH 4 PM			NOSE OF EYES IN BREATH THROAT COUGH 47M			MOSE OF EVES BREETH THROAT COUGH 4 PM		RUNNY REDNESS SHORTHESS SOME DRY TEAP NOSE OF UNSH 4 PM			RUMMY REDNESS SHORTNESS SORE DRY TRAP NOSE OF BYES IN MILETIN THROAT COUGH 4 PM	
SEDNESS SHORTNESS SORE DRY TENP OF EYES IN BREATH THROAT COUGH 4 PM 3		DATE:	OF DYS SHORTHESS SONG DRY TENT OF DYS TONE OF THE THROAT COUGH 47M T		JATE:	REDNESS SHORTNESS SORE DRY TEMP OF EYES IN BREATH THROAT COUGH 4 PM 1		DATE:	REDNESS SHORTNESS SORE DRY TTAVP OF EYES IN BREATH THROAT COUGH 4 PM :		DATE:	INDINESS SHORTHESS SONI DRY TRAY OF LYIS IN BREATH THROAT COUGH 4 PM		REDNESS SHORTNESS SORE DRY TEAP OF UNITS IN REEATH THROAT COUGH 4 PM		DATE:	I RIJNRY REDNESS SHOPTHISS SORE DRY TRAP	

E.K	X.	JOHANNESBURG RUSTENBURG	BLO	KWANE MFONTEIN	KLERKSDO MIDDELBU	R6	KU	LSPRU RUMAI	V
COURIER SE	RVICES	NEWCASTLE PORT ELIZABETH	CAP	BAN F TOWN		NOX		1BERL	EY
				0861 379					
CC	VID 19 -	- VULNERAB	SLE EMP	LOYEE SY	MPTOM	S CI	HECK FC	ORN	1
		RY MEASURES THAT							
AFF NO:									
ANCH:									
		APPLICABL	•						
MONDAY	TUESDA			URSDAY	FRIDAY	s	TURDAY	ٔ ٦	SUNDA
TEMP	TEMP ABSINAL	TEMP	qvor	en e	TEMP		TEMP	1	TBNP ARRIVAL
TEMP 10 AM	TENP 10 AM	TEMP 10 AM	TIN	10 AN	TEMP 10 AM		TEMP		TBMP 10 AM
TEMP 12 PM	TEMP 12 PM	TEMP 12 PM	TEMP	22 24 25	12 PM		TEMP 12 PM		TEMP 12 PM
TEAN A PAIN	TRMP A PM	TEMP 4 PM	TEMP	2	TEMP 4 PM		TEMP 4 PM		4 750
DRY	DRY	DRY		нопо	COUGH		DRY		DRY
0	SORE	SORE	SORE	THROAT	SORE THROAT		SORE		SORI
SORE THROAT	8 5	SHORTNESS IN BREATH	SHORTMISS	Z C	SHORTNESS IN BREATH	1	SHORTMESS IN BREATH		SHORTNESS IN BREATH
SORE THROAT	IN BREJ					1	NUDMISS OF EYES	1	REDNESS OF EYES
SHORTNESS SORE IN BREATH THROAT	REDNESS SHORTNESS OF EYES IN BREATH	REDNESS S OF EYES	REDMISS	5	REDNESS OF EVES		900		
SORE THROAT					RUNNY REDNES NOSE OF DYS		RUNNY NEDP		RUNINY

### ANNEXURE C - RISK ASSESMENT FORM

### THE FOLLOWING QUESTIONNAIRE IS FOR EMPLOYEE THAT HAS, UPON ARRIVAL, AT WORK A FEVER HIGHER THAN 37.5 ACCOMPANIED WITH KNOWN SYMTOMS OF COVID-19

			ANCHES		
URIER SERVICES	OHANNESBURG USTENBURG EWCASTLE ORT ELIZABETH NATIONAL NI	POLOKWANE BLOEMFONTEIN DURBAN CAPE TOWN	KLERKSDORP MIDDELBURG RICHARDS BAY BAST LONDON	KURU	ERLEY
	HAHVIAL NO	MIDER: UODI 37)	7 572 1111	W.EFA.UU.	LFI
COVID	19 – EMF	PLOYEE RI	SK ASSE	SMENT	Γ
IE FOLLOWING QUEST FEVER HIGHER TH					
NAME AND SURNAME:	1	OIII AIIIED WITH	101011110111111	J.III.O 01 00	
ID NUMBER:					
STAFF NUMBER:					
BRANCH:					
DATE:					
	QUESTI	ON		YES	NO
HAS ANYONE IN YOUR HOU	ISEHOLD BEEN T	TESTED FOR COVID 1	9?		
HAVE YOU BEEN IN CONTA COVID-19 IN THE PAST 14 D		NE THAT HAS BEEN T	ESTED FOR		
HAVE YOU TRAVELLED TO A	NY HIGH RISK A	REAS IN THE PAST 1	4 DAYS?		
HAVE YOU VISITED A HOSPI	TAL OR CLINIC I	N THE PAST 14 DAYS	3?		
HAVE YOU HAD CONTACT V	VITH ANYONE V	VHO WORKS IN A HO	OSPITAL OR		
9	SYMPTOMS	CHECK		YES	NO
FEVER?					
DRY COUGH?					
SORE THROAT?					
SHORTNESS OF BREATH?					
RUNNY NOSE?					
REDNESS OF EYES?					

### ANNEXURE D - CO-PASSENGER RISK ASSESMENT FORM

THE FOLLOWING QUESTIONNAIRE IS FOR AN EMPLOYEE THAT HAS TRAVELLED WITH A CO-WORKER THAT HAS BEEN SCREENED AND FOUND TO HAVE A HIGH FEVER, AND POSSIBLE SYMPTOMS OF COVID 19 AND HAS BEEN SENT HOME TO SELF ISOLATE.

OURIER SERVICES S ALL ABOUT YOU!		POLOKWANE BLOEMFONTEIN DURBAN CAPE TOWN NUMBER: 0861 37	MIDDELBURG KU RICHARDS BAY KU EAST LONDON	
WORKER THAT HAS	BEEN SCREEN	IED AND FOUND TO	YEE THAT HAS TRAVELLI O HAVE A HIGH FEVER, A ENT HOME TO SELF ISOL	AND POSSIBL
NAME AND SURNAME:				
ID NUMBER:				
STAFF NUMBER:				
BRANCH:				
DATE:				
	QUES	TION	YES	NO
DID YOU WEAR A MASK SENT HOME?	WHILE IN TRANS	SIT WITH STAFF MEMB	ER THAT WAS	
DO YOU TRAVEL WITH T	THE ABOVE STAF	MEMBER DAILY?		
DO YOU AND THE STAFF	MEMBER LIVE I	N THE SAME HOUSE?		
HAS ANYONE IN YOUR H	HOUSEHOLD BEE	N TESTED FOR COVID 1	19?	
HOW LONG DID YOU SP	END IN THE SAM	E VEHICLE WITH THE S	TAFF MEMBER	
	SYMPTON	1S CHECK	YES	NO
FEVER?				
DRY COUGH?				
SORE THROAT?				
SHORTNESS OF BREATH	1?			
RUNNY NOSE?			I	1

#### ANNEXURE E - VEHICLE SANITASION REGISTER

### THE FOLLOWING DOCUMENT IS TO BE USED IF A DRIVER OR ASSISTANT HAS TESTED POSITIVE FOR COVID-19 AND HAS DRIVEN A COMPANY VEHICLE.



### ANNEXURE F - MASK DISTRIBUTION TO STAFF

### ALL MASKS DISTRIBUTED TO STAFF HAVE TO BE DOCUMENTED AND SIGNED FOR.

	D 19 SIGNATURE							PLEASE ADVISE STAFF THAT AS PER GAZETTED REGULATION 2 MASKS ARE ISSUED PER MEMBER. IF LOST OR STOLEN, STAFF MEMBER WILL HAVE TO PURCHASE REPLACEMENTS, IT WILL NOT BE RE-ISSUED
TAFF	RECEIVED COVID 19 INFO PIECE							PER MEMBEI IOT BE RE-18
EPX COVID 19 MASK DISTRIBUTION TO STAFF	RECEIVED 2 MASKS							MASKS ARE ISSUED P ACEMENTS, IT WILL N
OVID 19 MASK DIS	STAFF NO							TTED REGULATION 2
EPX CC	NAME							F THAT AS PER GAZE
	DATE							PLEASE ADVISE STAFI

### ANNEXURE G - MASK DISTRIBUTION TO STAFF

### ALL STAFF TO SIGN THAT THEY HAVE RECEIVED THE COVID 19 POLICY INFO AND UNDERSTAND THE CONTENTS THEREOF.

ATIONS	SIGNATURE							
FETY REGUI	I UNDERSTAND THE COVID 19 TRAINING GIVEN						_	
COVID 19 HEALTH AND SAFETY REGULATIONS	I UNDERSTAND THE COVID 19 INFO RECEIVED							
NID 19 HI	EMPLOYEE NO							
S	NAME							
	MEETING DATE							

#### ANNEXURE H - QUARANTINE - SOP

## THE FOLLOWING STEPS ARE TO BE TAKEN IF ANY EMPLOYEE TESTS POSITIVE FOR COVID 19 OR HAS BEEN IN FACE-TO-FACE CONTACT WITH SOMEONE THAT HAS TESTED POSTIVE FOR COVID 19

- Employees should notify their line manager / supervisor and stay at home if they are sick and
  have been booked off after testing positive for Covid-19. All employees should follow the
  company's sick leave policy in such situations. Please inform all council members about
  the 10 days allowance from the NBCRFLI for quarantine purposes.
- If employee has done a risk assessment and is in self-quarantine and symptoms worsen within 3 days call the COVID 19 Hotline (080002999) or visit a registered medical practitioner for full evaluation.
- If any employee test positive for COVID-19 they are to advise their Line Manager/Supervisor.
   Please report to chantelln@epx.co.za.
- If an employee has been in close contact with an individual who has since been diagnosed with COVID-19, the employee must immediately inform their employer and contact the COVID-19 Hotline (080002999). Close contact means that the employee was in face-to-face contact (i.e. within 1.5 metres) or in a closed space for more than 15 minutes with a person with COVID-19.
- If employee becomes ill at work (is tested and proven to be COVID 19 positive) note that all team members that work closely with said employee should be counselled and made aware that a member has tested positive. All such employees should be monitored closely for any symptoms that might appear in a 14-day period. If any employees develop a fever accompanied by any other known symptoms of COVID-19, advise them to go into self-isolation.
- Works stations, vehicles and high traffic areas like door handles etc, that infected employee
  has been in contact with should be washed and sanitized immediately after a report is received
  of a suspected COVID-19 case.

Employees that test positive should be contacted regularly, communication also to be reported to chantelln@epx.co.za. Communication should be kept with such an employee until they have been cleared by a registered medical practitioner to return to work / or has completed the mandatory

time allocated for self-isolation. Should the employee still present symptoms after such a time it is advised that the employee return to their medical practitioner for further evaluation.

		BR	ANCHES		
OUDIED SERVICES	OHANNESBURG RUSTENBURG VEWCASTLE PORT ELIZABETH NATIONAL NI	POLOKWANE BLOEMFONTEIN DURBAN CAPE TOWN	KLERKSDORP MIDDELBURG RICHARDS BAY EAST LONDON 79 542 WW	KURU KIMB	PERLEY
	HAHOHAL HU	INDER: COOL ST	7572 111	W.LFA.UU.	<b>Z</b> A
COVID 19 — E HE FOLLOWING DOCUM ADVISED	ENT IS TO BE I	USED IF EITHER	A STAFF MEMBE NE OR HAS BEEN	R HAS CALL	
NAME AND SURNAME OF SIC EMPLOYEE:	К				
ID NUMBER:					
STAFF NUMBER:					
BRANCH:					
DATE:					
PERSON DOING FOLLOW UP (	ALLS				
STAFF MEMBER WENT INTO HIS/HER OWN	) SELF-ISOLATIO		MEMBER WAS SEN' DVISED TO GO INTO		
	ACTION			YES	NO
CALL 1: AFTER 3 DAYS OF SEL MEDICAL PRACTITIONER?	F ISOLATION. HAS	HE/SHE BEEN TO SE	E A REGISTERED		
HAS HIS/HER SYMPTOMS BECO	OME WORSE?				
HAS HE/SHE BEEN FOR A COV	D 19 TEST?				
DOES HE/SHE HAVE HIS RESUL	TS BACK YET?				
DID THEY TEST POSITIVE?					
CALL 2: 5 DAYS LATER. IF NOT HE/SHE HAS BEEN TESTED AN			E FIND OUT IF		
IF THE EMPLOYEE HAS TESTED THE COVID 19 HOTLINE 080002		OVID-19 HAVE THEY F	REPORTED IT TO		
TWO DAYS PRIOR TO RETURN UP?	NG TO WORK. HAS	THE EMPLOYEE BEE	N FOR A CHECK-		
HAS THE EMPLOYEE BEEN CLE MEDICAL PRACTITIONER? PLE RETURN TO WORK.					
HAS ANYONE LIVING WITH THE	SICK EMPLOYEE	TESTED POSITIVE FO	R COVID-19?		